



## Iodine & sulphur: As old as the ages, but today more important than ever!

Sulphur occurs as a solid or as a gas and the curative effects of sulphur baths on the skin have been recognised since ancient times. Medical practitioners value their soothing, anti-inflammatory effects, especially in **degenerative spine ailments, skin conditions, rheumatism, asthma and allergies**. Iodine is another natural substance vital to the functioning of the human body. Any deficiency soon makes itself felt in many different ways. In balneology, iodine baths serve as an invaluable secondary treatment for **hypertension** (high blood pressure). In a cure treatment, **circulation to the extremities** is improved by lowering minute volume and beat volume and by **stabilizing the heart rate**. Both iodine and sulphur have beneficial effects on circulation.

### Effective treatment for each ailment

**Inhalation:** In our inhalation room aerosol inhalers are available for the treatment of mouth, throat and bronchial problems.

**Eye baths:** The ophthalmic department is equipped with aerosol iodine eye baths for the treatment of the

outer eye, and ion-emitting devices which gently, but thoroughly, treat the inner eye by flooding it with negatively charged iodine ions.

**Circulation tubs:** full immersion is provided in specially designed baths. Their shape allows the body to adopt a relaxed posture. In comparison with an ordinary bath, the support provided by the waters lowers the pressure on the circulation.

**Spray bath:** this form of treatment is more suitable for patients with a weak or erratic circulation. The spray bath is just as effective as the immersion treatments, whilst making fewer demands on the heart and circulation.

### Opening hours

Monday and Wednesday	8 am – 4 pm
Tuesday and Thursday	8 am – 7 pm
Friday and Saturday	9 am - 1 pm



### Tariffs

#### Iodine-sulphur treatments

Iodine-sulphur baths (carbon dioxide optional)	
Immersion bath with individual rest room	EUR 28.00
Spray bath with individual rest room	EUR 28.00
Single iodine-sulphur inhalations	EUR 14.50

#### Iodine eye baths

Aerosol eye bath	EUR 14.50
Iontophoresis eye bath	EUR 16.50

#### Iodine-sulphur "get to know" arrangements

3 Immersion or spray baths	EUR 75.00
3 Inhalations	EUR 39.00
3 Aerosol eye baths	EUR 39.00
3 Iontophoresis eye baths	EUR 45.00
1 Iodine-sulphur bath and	
1 Inhalation or 1 aerosol eye bath	EUR 36.00

#### Iodine-sulphur health arrangements & cures "Detox and Relax"

3 Iodine-sulphur baths, 3 massages	EUR 135.00
9 Iodine-sulphur baths, 9 massages	EUR 405.00
5 Inhalations, 5 aerosol eye baths	EUR 120.00

Iodine-sulphur soap (100 g)	EUR 3.50
Iodine-sulphur soap "Heart" (45 g)	EUR 2.10
Iodine sulphur liquid soap (250 ml)	EUR 5.80